



UD5020

UNITE DISTRICT 5020

NOVEMBER 2019



The
Rotary
Foundation
Champion



Paul Harris Society - Bequest Society - Major Donor



UD5020

UNITE | DISTRICT 5020

UNITE - It is all about serving

Highlighting inspirational news and successes to UNITE Rotarians with a common mission within District 5020.

Caleb Summerfelt
 Caleb Summerfelt
 Rotary Club of Kingston North Kitsap
UD5020 EDITOR



ON THE COVER

The Dharmarama Kanishta Vidyalaya in Ahangama, Sri Lanka was rebuilt after the 2004 tsunami and received financial support from The Rotary Foundation. To help with lifesaving projects like this, consider being a Rotary Foundation Champion.

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Students do calisthenics outside Dharmarama Kanishta Vidyalaya in Ahangama, Sri Lanka. This school opened in November 2006 and was rebuilt through the Schools Reawaken project after the 2004 tsunami. District 3220 (Sri Lanka) raised funds for the project and received support from The Rotary Foundation, Standard Chartered Bank, and other contributors. A local Buddhist temple donated the land. Find the story in "The Rotarian," September 2009, pages 44-51.

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NOVEMBER GOVERNORS MESSAGE

BY MO MAUREEN FRITZ-ROBERTS



Mo Maureen Fritz-Roberts

MAKING GIVING EASY PEASY

November is such an exciting time for so many reasons. In the United States you will be planning your Thanksgiving festivities. Whether you are in Canada or the USA, we can all be grateful for our friends and families and rejoice in our good fortune to live in such a great part of the world.

I am thankful for Rotary's motto of Service above Self. It is an incredible feeling to know I have the means to help others. When we give that extra time at a community work project or give that extra dollar, yes we really do receive as much joy as we create. It's the little things that change the world. One of those little things is our ability to donate through the Rotary Foundation.

Like many things in our lives, automation has made it easier to donate to the Foundation and has removed the labor-intensive record keeping from Club Treasurers and Foundation Chairs.

Rotary has made it possible for you to donate automatically through your Rotary account. Your donations will be tracked, and you can run a report at any time to view your giving history. You also can also decide where you want your funds to go. So many choices.

You can give to Polio eradication. Your funds immediately go to wipe out Polio. As a bonus, your donations are matched two to one by the Bill and Melinda Gates Foundation.

You can designate your donation to the Annual fund. Your money will accumulate interest for three years to pay overhead for the Foundation. The money then comes back to the District to be used for grants (which your club can apply for!).

You can select a specific area of Focus so that, rather than coming back to the district, those funds will automatically be designated to grant applications from Rotarians around the world to be used for that purpose only.

It really isn't complicated when you think it is about choices. You decide exactly how your donation will be used. Mix and match. Pick your area. It will all benefit those who need it the most.

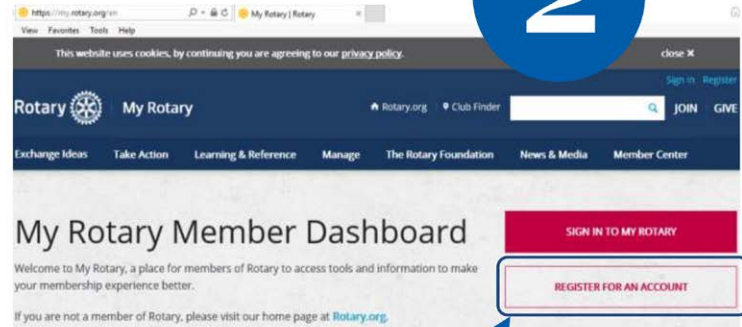
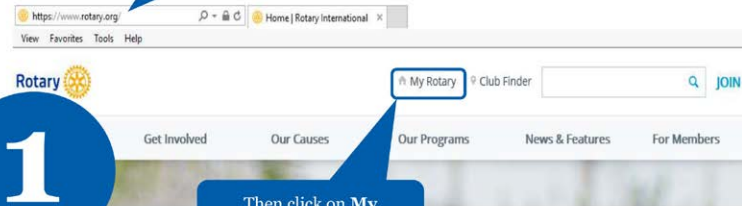
So, let's get started. Follow these easy steps and you can quickly set up your Rotary account and begin the donation process. You may not have someone actually shake your hand and say thank you for the difference you will make in the world, but you will know in your heart that you are changing lives.

“
**I AM THANKFUL FOR ROTARY'S
MOTTO OF SERVICE ABOVE SELF.
IT IS AN INCREDIBLE FEELING
TO KNOW I HAVE THE MEANS TO
HELP OTHERS.**
”

HOW TO CREATE A MY ROTARY ACCOUNT



First go to www.rotary.org.



Click on **Register** for an account.

3

If you are not a first time user, enter your email address and password. Then click on **Sign In**.

If you are a first time user, click on **Create account**.

SIGN IN

SIGN-IN EMAIL *

[Forgot email?](#)

PASSWORD *

[Forgot password?](#)

☒ REMEMBER ME [?](#)

SIGN IN

WHY CREATE AN ACCOUNT?

Signing in to My Rotary gives you a customized experience and easier access to tools and information that are relevant to you.

Anyone can create an account and sign in. Existing Member Access users can re-register with their current user ID. For tips on registering and using the site, see our [website resources](#). For assistance, [contact us](#).

CREATE ACCOUNT

ACCOUNT REGISTRATION

*Required

FIRST NAME *

LAST NAME *

SIGN-IN EMAIL *

ARE YOU 18 YEARS OLD OR OLDER? *

☐ YES

☐ NO

CONTINUE

Fill in the Account registration information and click on **Continue**.

4

5

You will be informed that an e-mail has been sent to you.

ROTARY.ORG > MY ROTARY

Rotary

ACCOUNT REGISTRATION

Thank you for registering, you've completed the first step in the process. You will receive an email sent to your sign-in email with a link to activate your account.

6

Complete your Rotary.org registration

Hello

You're just one step away from completing your registration. We've sent you an email with instructions, leaders, exchange ideas, and more.

Activate my [account](#)

Check your email for the address you provided in the step above. You will receive this message. Click on the blue link to finalize the process.

ACCOUNT SET-UP

Thank you for activating your account. Just a few more steps to complete the process.

*Required

CREATE PASSWORD *

Your password must be at least eight characters and contain one lowercase letter and one uppercase letter.

CONFIRM PASSWORD *

SECURITY QUESTION *

- select -

ANSWER *

(The answer to your security question must be at least four characters.)

CREATE ACCOUNT

Fill in all the mandatory information and click on **Create account**.

7

ACCOUNT SET-UP

Congratulations, your account was successfully created.

Your profile has been created.

As part of becoming a registered user of My Rotary, you've also created a profile. Once you sign in you can complete your profile and review or change your privacy settings to control who sees your information.

You are a member of the community.

You can also participate right away in the Rotary community by joining discussion groups and connecting to other members.

☐ REMEMBER ME

CONTINUE

[MY PROFILE](#)

Click on **Continue**.

ROTARY.ORG > MY ROTARY

Rotary

My Rotary

MY ROTARY

Congratulations! You have created your **My Rotary** account.

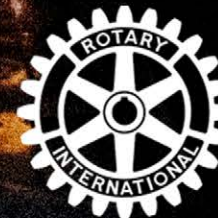
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9

Mark Daniel Maloney

This event is a wonderful opportunity to see how *Rotary Connects the World*, helping us come together and share thoughts on how to make Rotary service more impactful and our member experience more engaging.

Mark Daniel Maloney
President, Rotary International 2019-2020



DISTRICT TRAINING & CONFERENCE
UNITING DISTRICT 5020
MAY 15 | 16 2020 VICTORIA, BC

THE WORLD IS JUST OUTSIDE YOUR DOOR

BY CALEB SUMMERFELT

J.R.R. Tolkien said in “The Lord of the Rings” “...It's a dangerous business, Frodo, going out your door. You step onto the road, and if you don't keep your feet, there's no knowing where you might be swept off to...”

To live a successful and fulfilling life, you must work for a purpose greater than yourself, you have to have a compelling reason for WHY you're doing what you do. This reason has to be a driving force that carries you forward when the going gets tough.

Personal glory isn't a good enough reason. Proving someone wrong isn't a good enough reason.

In the short-term, these reasons can fuel you forward, but in the long-term, that motivation will dwindle, and you'll lose your enthusiasm. You have to live for a purpose much greater than yourself.

When you believe that whatever you're doing is tied to a purpose much bigger than yourself, great things start to

happen. You'll work harder, you'll be more resilient, and you'll be a lot prouder of what you're doing with your life.

Take a step back and ask yourself why you do what you do. If what you do daily isn't tied to a purpose greater than yourself—a purpose you feel really good about—it may be time to do something else with your life. A person does not become whole until they become a part of something bigger than themselves.

As a Rotarian, you never know where your Rotary adventure will take you, but always remember why you are

helping, what drives you, and where your passion comes from. UD5020 is driven to capture the amazing projects and clubs in our District and what they do, not to show off, but to energize each one of us, possibly inspiring us to start a new project with our clubs, in your community, or even in a global community.

Share your stories with each other, with the District Magazine, we have so much "outside our backdoor" that it is hard not to be inspired. Never feel that what you are doing has been done, or has been talked about, you are the author of your life, your story, and your club. Submit an article today!

HOW ROTARY'S FOUNDATION ENHANCES THE PUBLIC IMAGE OF OUR MEMBERSHIP

BY COREY LOPARDI

When was the last time your club participated in a service project supported by The Rotary Foundation? Perhaps your club has never participated in a Global Grant or District Community Grant, or maybe you're in the process of putting one together right now. Do you contribute to The Rotary Foundation through donations to your Paul Harris Fellow or Polio Plus? Did you know that every time you contribute you help to end polio, promote peace, help a community improve the quality of life or inspire future Rotarians throughout

the world?

Every time you support The Rotary Foundation you are improving Rotary's Public Image in communities around the world. It is this work of Rotarians that makes changes not only in other's lives, but in their perceptions of what Rotary is and what Rotarians stand for. Nothing enhances Rotary's Public Image more than when a person's life is positively changed forever, and it's your efforts that make that possible.

So how does this all relate to

membership? Well, when clubs support The Rotary Foundation and participate in projects that are funded by Foundation Grants they are much more vibrant clubs. The members of these clubs see purpose in the projects and are more likely to share their experiences with others. Inspired Rotarians inspire others to become Rotarians, and it is often during service projects that we find new members to join our clubs.

Rotarians don't join Rotary to eat breakfast or lunch, and they don't join Rotary to fundraise for other organizations. (Rotary has done surveys; meals and fundraising are not listed as the reason people join Rotary) People become Rotarians to make lasting change in their communities,

around the world, and in themselves. The Rotary Foundation is the vehicle for making this change happen on the grandest scale. Imagine if each member of our District contributed just \$25 a month what a difference that \$1.4 million dollars in projects could do. Just think of all the wells, toilets, books, playgrounds, surgeries and micro loans... And think of all the lives that would be changed, and the perceptions of Rotary that would be changed.

The best membership retention and attraction strategy is a successful service project made possible by The Rotary Foundation and managed by People of Action. So what is the difference that you are going to make this month?

ROTARY SHOP TO BE DISCONTINUED IN 2020

BY RI DEPUTY SECRETARY MICHELE BERG



Michele Berg

*Deputy General Secretary
Rotary Club of Evanston
Illinois, USA*

Dear Rotarian,

In today's technology-driven world, members are turning to Rotary.org, our social media accounts, and other online Rotary channels to get the information they need. Fewer and fewer members are using Rotary Shop to order printed materials or to purchase Rotary-branded merchandise. Because of our members' changing needs, we will cease operating Rotary Shop in April.

Instead, our most popular publications will be available digitally on various Rotary websites. Some publications will even be offered as print-ready files that you can take to a printer to produce locally. Rotary merchandise can be purchased directly from approved, licensed vendors.

More information will be available in the coming months.

If you have any questions, contact rotarysupportcenter@rotary.org.

Michele Berg
Deputy General Secretary
Rotary International



JUNE 6 - 10 2020
HAWAII CONVENTION CENTER



DISASTER AID CANADA AND THE 2019 BAHAMAS RELIEF EFFORT

BY GERRY BELTGENS

On September 1, 2019 Hurricane Dorian descended on the Bahamas and proceeded to devastate a large section of the Northern Islands. The storm made landfall in the Abaco Islands and Grand Bahamas and stayed over the Islands as a category 5 storm for 3 days. An estimated 13,000 homes were destroyed or severely damaged, 70 confirmed dead with 400 still missing. Damage is in excess of 9 billion dollars Canadian.

Past President of Rotary International Barry Rassen who lives in the Bahamas, asked Disaster Aid International (DAI) to participate in the relief efforts. Rassen was also involved in approving Disaster Aid International as an official Rotary International Collaborating Organization this year.

Disaster Aid Canada (DAC) worked closely with DAUSA and Rotary Clubs in the Bahamas to find out what was required and to address those needs. DAC was asked to provide Tents, Bedpacks and hygiene products. With the support of Soap for Hope we were able to make contact with Disaster Aid International and

regional organisations coordinate our efforts. We already had 50 tents located in the Bahamas from the previous hurricane in 2017. They were being set up within days of the storm's impact. We stayed in touch via email and on top of the situation via the Facebook pages of Rotary Clubs in the Bahamas.

During this period we received a comment on our Facebook site from Julie Brand, originally from Ladysmith, BC. I grew up in Ladysmith and now live on Grand Bahama. The tents sent by you were greatly appreciated by the people of High Rock as they try to rebuild their homes and community. My students, fellow teachers and parents delivered and set up the tents for many families today and over the last week. Thank you!!!!

Once we knew what was needed we contacted UPS and they donated the transportation of 11 pallets of materials to Florida. Disaster Aid USA arranged transport from Florida to distribution points in Nassau. Soon 101 more Disaster Aid Canada tents were on the ground, our bed packs were being used and our hygiene products helped



along with the water purification systems set up by Rotarians. Rotary Clubs in the Bahamas were working with Disaster Aid Response Teams and were helping put up our shelters and handing out materials.

Some of the tents were used to provide shelter for evacuees, some of the tents were provided to families who were rebuilding their homes and needed a place to stay during reconstruction.

The strength of Disaster Aid Canada is our ability to tailor our response to the need of the affected community. If our standard Disaster Relief Kit is not the answer we can package and send tents by themselves or send water filtration kits with buckets or solar powered lights with USB ports for charging phone or hygiene and bedding kits or any combination of the above.

By partnering with the other Disaster Aid International organizations we have tremendous flexibility to address the needs of the people affected. By partnering with local Rotary Clubs we have the local knowledge and trustworthy partners on the ground.

When the call came from the Bahamas to send aid, Disaster Aid Canada sent 101 tents, 300 bed packs and over 15,000 hygiene items, virtually



clearing out our inventory. To stay ahead of the next disaster we need to restock supplies. Money raised now pays to replace the inventory that was sent to the Bahamas and helps prepare us for the next emergency.

Disaster Aid Canada (DAC) is a member of Disaster Aid International and an official “Collaborating Organization” of Rotary International. Disaster Aid Canada was founded by Rotarians in Ladysmith in 2010. Almost all of the people involved in Disaster Aid International are members of Rotary Clubs around the world.

The mission of Disaster Aid Canada is to provide and assist in delivering humanitarian aid, shelter, sustainable water systems and hygiene products to people affected by natural and other disasters; or with compelling local needs. Those local needs can include but are not limited to earthquakes, tsunamis, flooding and wildfires in Canada. DAC is a Canadian registered charity and can provide tax receipts for donations.

Contact: Gerry Beltgens
Executive Director, Disaster Aid Canada
Rotary Club of Ladysmith
gbeltgens@gmail.com
<https://disasteraid.ca>
Direct Line: 250-739-3887
Charity Reg #: 896568417RR0001



ARCH KLUMPH SOCIETY

Named after the sixth president of Rotary, the Arch Klumph Society recognizes The Rotary Foundation's highest tier of donors — those who have contributed \$250,000 or more during their lifetime.

Arch Klumph Society Members are among The Rotary Foundation's top leaders and innovators. Members believe in the work of The Rotary Foundation and have made supporting peace, education, and humanitarian assistance part of their personal mission. They are key supporters of the Foundation, and their involvement is vital to its work.

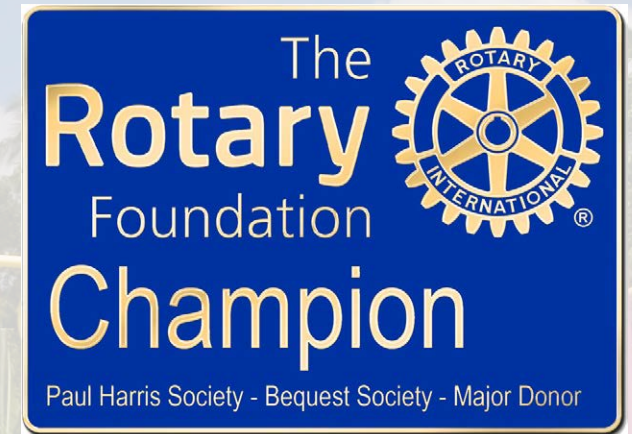
Membership in the Arch Klumph Society is lifelong. Each member has the opportunity to have his or her portrait placed in the Arch Klumph Society Gallery, located on the 17th floor of Rotary International World Headquarters in Evanston, Illinois, USA.

Portraits are etched on glass plaques to create a stunning display of our Foundation's most valued supporters. Members will also have their profiles included in an interactive display, plus receive pins, pendants, and several other benefits commensurate with their generosity.

Arch Klumph Society members' photographs and statement of support for The Rotary Foundation are recorded on a touch screen kiosk at Rotary International World Headquarters. The touch screen kiosk is portable and on display at major Rotary events such as the International Convention and International Assembly. Past District Governor Tom Carroll and Laurie are the most recent District 5020 Arch Klumph Society members and were recently asked why they chose to make this significant investment.

"We've always been strong supporters of the Rotary Foundation. We decided to join the Arch Klumph Society at this point because we wanted to focus on foundation giving during Tom's year of service as District Governor. We decided to direct our contribution to the Annual Fund because it fuels the District Direct Funds which are crucial to our clubs obtaining grants for their service projects. We felt as members of the Arch Klumph Society, we could lead by example, and bring attention to the good work the Foundation does locally and globally. We also strongly believe in Rotary Direct; using it as a payment mechanism meant we could also bring attention to this outstanding contribution technique."





District 5020 Foundation chair Howard Svigals has announced a new recognition for **Champions of the Rotary Foundation.**

Champions are people who have demonstrated an ongoing commitment to the Foundation, through past and future giving.

CHAMPIONS OF THE ROTARY FOUNDATION

BY DALE ROBERTS

When you look up “champion” in the dictionary, you should see Joan Firkins’ picture.

Joan, the president of the Rotary Club of Oak Bay has known many victories in her lifetime, she has been inducted into the BC Softball Hall of Fame and has a shelf full of trophies from lawn bowling, but that isn’t all that makes Past District Governor Joan a champion in the eyes of the world. Joan Firkins is a champion of the Rotary Foundation.

District 5020 Foundation chair Howard Svigals has announced a new recognition for *Champions of the Rotary Foundation*. Champions are people who have demonstrated an ongoing commitment to the Foundation, through past and future giving.

People like Joan Firkins are leading the fight to create a better world.

They are Major Donors, meaning that they have given more than \$10,000US to the Rotary Foundation. They are members of the Paul Harris Society, meaning they have made a

commitment to give a minimum of \$1,000US per year to the Rotary Foundation. They are members of the Bequest Society, meaning they have made a commitment to leave more than \$10,000 to the Endowment Fund of the Rotary Foundation from their estate.

Champions of the Rotary Foundation from District 5020 will receive a special commemorative pin in recognition of their on-going accomplishment.

Would you like to be a Rotary Foundation Champion?

Talk to your club Foundation Chair or log into myrotary.org to sign up for regular donations or to confirm your bequest.

Contacts to join the Paul Harris Society in District 5020 are:

USA- Anil Puri 360-508-0233
anilp5@comcast.net

Canada- Doyle Childs 250-709-1968
dchilds@doylechilds.com



2019-2020 PRESIDENTIAL SPOTLIGHT: SAM PURDY

How quickly life changes. It seems like only yesterday I was heading up the sales, marketing and distribution of an international power tool company as an executive manger. My job involved considerable travel not only in Canada but also the United States as well as the far east getting these products to major retailers and independent dealers.

I am a transplant here on Vancouver Island, having spent my entire life in Cambridge, Ontario prior to moving to the island, 3 years ago. My wife and I now have the opportunity to enjoy spending time with our grandchildren as they were the primary reason, we relocated to Sooke.

I originally joined Rotary in 1995 with the Rotary Club of Galt which changed its name in 2000 to the Rotary Club of Cambridge - Galt.

My exposure to Rotary began with one of our children announcing that they had applied to become a Rotary Exchange Student. By following through with that process I was able to meet many Rotarians and see some of the great work being done to foster positive international relations. As I learned more about Rotary it became evident that Rotary was something that could benefit me both personally and professionally as well as become the vehicle for me to make a positive impact in the world both locally and internationally.





AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

Rotary Foundation of Rotary International, recently received a quarterly donation of \$2,257.72 thanks to customers shopping at smile.amazon.com

To date, AmazonSmile has donated a total of:

\$39,187.31 to Rotary Foundation of Rotary International
\$144,958,582.84 to all charities

Thank you for supporting Rotary Foundation of Rotary International by shopping at smile.amazon.com

TO LEARN MORE, PLEASE VISIT
[http://smile.amazon.com/about](https://smile.amazon.com/about)

NANAIMO ROTARY RECOGNIZES WORLD POLIO DAY

BY DON DEMPSON

Rotary clubs from the city of Nanaimo and Lantzville, British Columbia recognized World Polio Day, October 24 with a major display at one of the city's key malls and a City Proclamation delivered by the mayor.

The five Nanaimo and area clubs (from district 5020) came together to inform, educate and promote to mall visitors and citizens, the on-going efforts focused on the eradication of polio around the world. Club members shared stories and talked about projects that Rotary is involved with and the implications of the actions that Rotary is doing to support the world-wide program. Videos, posters and brochures were used to deliver the message along with personal interactions with visitors.

The information display was incorporated into the semi-annual Rotary Book Sale at the North Town Centre so it was guaranteed to have a visible presence while being located at the hub of activity in the mall.

World Polio Day was a key part of End Polio Now Days in the city as declared by the mayor

when he read out the Proclamation and the Rotary flag was raised over the city. This is the second year the five Rotary clubs have come together to bring the message of how close we are to eliminating the disease and to the focus on energies that clubs, governments and people are engaged in.

Assistant District Governor Wayne Anderson said, "keeping Rotary's efforts top-of-mind is essential, but it's letting people know that Polio is still around and serious is critical. Our clubs are committed to making a difference and to driving the message home – we will eliminate this disease but we need everyone's help."





PROCLAMATION


ROTARY "END POLIO NOW" DAYS OCTOBER 24 – 31, 2019

- WHEREAS: Rotary is a global network of more than 1.2 million neighbours, friends, leaders and problem-solvers who together take action to create sustainable changes in communities across the globe; and
- WHEREAS: the Rotary motto, *Service Above Self*, inspires members to provide humanitarian service, follow high ethical standards, promote goodwill and peace and focus on delivering assistance to all peoples who are in need throughout the world; and
- WHEREAS: this month marks the 34th anniversary of Rotary's PolioPlus program and the 31st anniversary of the Global Polio Eradication Initiative (a public-private partnership that includes Rotary, the World Health Organization, the U.S. Centres for Disease Control and Prevention, UNICEF, the Bill & Melinda Gates Foundation, and governments of the World); and
- WHEREAS: Rotary, in co-operation with its partners, sponsors and hundreds of thousands of volunteers has contributed more than US\$1.9 billion that has resulted in reducing the number of polio cases by 99.9 percent and reached more than 2.5 billion children in 122 countries with the vaccine; and
- WHEREAS: these efforts are providing much-needed operational support, medical staff, laboratory equipment, and educational materials for health workers and parents; and
- WHEREAS: the Rotary Clubs of Nanaimo sponsor countless service projects to address such critical issues as poverty, disease, hunger, illiteracy and the environment in our community and abroad.

NOW THEREFORE I, Leonard Krog, Mayor of the City of Nanaimo, do hereby proclaim October 24 – 31, 2019 shall be known as:

ROTARY "END POLIO NOW" DAYS

in the City of Nanaimo, British Columbia

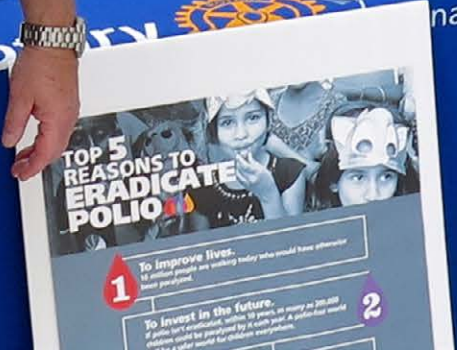

Leonard Krog
MAYOR

Dated this 17th day of October 2019



Rotary
CLUBS OF NANAIMO

JOIN LEADERS,
EXCHANGE
IDEAS
AND TAKE
ACTION
FOR COMMUN



ROTARY TEAM PROVIDES COMMUNITY SERVICE AT UNITED WAY DAY OF CARING

BY KEITH LARSON

One of Rotary's Five Avenues of Service is Community Service. "Community Service encourages every Rotarian to find ways to improve the Quality of Life for people in their communities and to serve the public interest." For this year's United Way Day of Caring on September 11th we created a Rotary team to support the largest volunteer day of the year for Cowlitz & Wahkiakum Counties.

Our Club's Team consisted of Neil Zick, Mike Vorse, Katie Ribelin, Mark Minthorn, David Minthorn, Keith Larson, Dave Hill, Erin Harnish and friend, Lindsey Cope, Sheila Burgin, and Bob Beal. There were also many other Rotarians working for and with other non-profit causes and agencies during the day.

Our Team was assigned to serve at the Emergency Support Shelter under the direction of Randi Alexander- Rolison, the ESS Program Manager. Under Randi's direction, we performed the requested tasks of weed eating the alley area, power washing the front picket fence, washing windows, pulling weeds, gardening, mowing & raking the front lawn & debris removal.



PASSPORT CLUB OF PIERCE COUNTY TOOK ON COMMUNITY MAKE-OVER DAY FOR AN ALTERNATIVE LOCAL SCHOOL

BY STEPHANIE SCHRAMM

ReLife School is a program of Puget Sound Educational Service District designed to address the academic and behavioral needs of students (Grades 2 - 12) with significant social, emotional, and behavioral disabilities. The program employs a strong focus on the individual academic growth of students. Through efforts to improve our students' executive functioning, attention to detail, and social interactions, we engage students in appropriate study skills and assignment/project completion, resulting in their movement toward increased successful classroom experiences. We seek to create a safe and structured environment for students to learn skills and strategies for coping with the stresses of daily life and to replace inappropriate behavior with socially adaptive behavior. We do this through a combination of in-class lessons, modeling and reinforcement, individual, group, and family therapy and through individualized interventions. Our goal is to transition each student from the program to the larger world, be it their neighborhood school, a job site, or post-secondary education, with the skills and knowledge needed to navigate that world

successfully.

Our core values include safety, respect, and responsibility. These form the backbone of our level system and behavioral expectations for students. Each student will learn the skills and strategies that will allow them to be physically, socially, and psychologically safe. They will learn to demonstrate respect for themselves and others. All students will learn to demonstrate increasing levels of responsibility to themselves, their peers, and their community. We achieve this through explicit and focused instruction and daily modeling of these values for our students.

We take these instructional priorities very seriously and design all of our programmings with them in mind. We also believe our students need to experience joy and laughter. We strive to make their learning enjoyable. We strive for a relaxed and positive school climate. We have an incentive-based philosophy and believe that punishment is not a highly effective tool for behavior change. We create incentives for

positive behavior and offer natural and logical consequences when difficulties arise. Students are expected to make amends as part of taking responsibility and are sometimes not allowed to participate in certain activities when physical or psychological safety is a concern. We teach and re-teach expectations, have students reflect on their choices and work to reset patterns of negative behavior.

ReLife is a co-op program, meaning districts elect to join the cooperative and participate by sending their students to our program. School districts participate actively in the governance of the program and are essential to the success of their students. It is a shared goal upon intake that the student will transition to a less-restrictive setting based on the resources available within each school district.



SOUTH AFRICAN PROJECT BRINGS SANITATION TO SCHOOLS

BY KATHRYN BROOKS

You’ve heard it said that, “It takes a village...”, but it took six Rotary clubs on opposite sides of the world to cooperate towards the installation of much needed sanitation facilities that have benefitted more than 2,000 students and staff in three schools located in the Kwazulu Natal region of South Africa.

This important project was made possible by a Rotary International grant submitted by Rotarians Marion Spence of Durban Bay South Africa, D9370, and husband John Hinck of Shelton Skookum Rotary club D5020, Washington State,

USA, who annually spend five to seven months between these diverse home bases.

With the support of their respective clubs, there were four other Rotary clubs who also contributed to the project: Eshowe and Durban Bay clubs in D9370 South Africa, as well as East Grays Harbor and North Mason, USA Rotary clubs in Washington state. (Eshowe Community Action Group served as a cooperating organization in the effort.)

Nkosithandile High School’s 1,200 students and

staff received 13 Ventilated Improved Pit (VIP) toilets and two “JoJo” water tanks for water storage and guttering to improve hand washing, provide safe drinking water and cooking. This area has no running water.

Nongweleza High School has 1,200 students and staff and received 10 flush toilets, 2 urinals and hand washing stations.

Thuthukani Special School, a school for 400 special needs students described as “severely impaired children” and 200 staff members received 4 flush toilets (one handicapped), 1 urinal and hand wash basin. The Rotary Foundation also granted use of the balance of funds to provide for two JoJo tanks and cleaning materials to help

maintain them.

Site inspections were conducted by host Rotarians visiting the sites to ensure that all school Principals were satisfied with construction and that the respective schools were complying with maintenance and cleanliness. Hygiene instruction is on-going to make sure the facilities continue to benefit the health and well-being of all students and staff.

We often take such basic sanitation for granted, but in these remote areas it has a tremendous impact on the students, staff and their families. It’s just another example of how, with your help, Rotary Connects the World and continues to improve the lives of thousands of people.



HOW TO GET ROTARY GRANTS

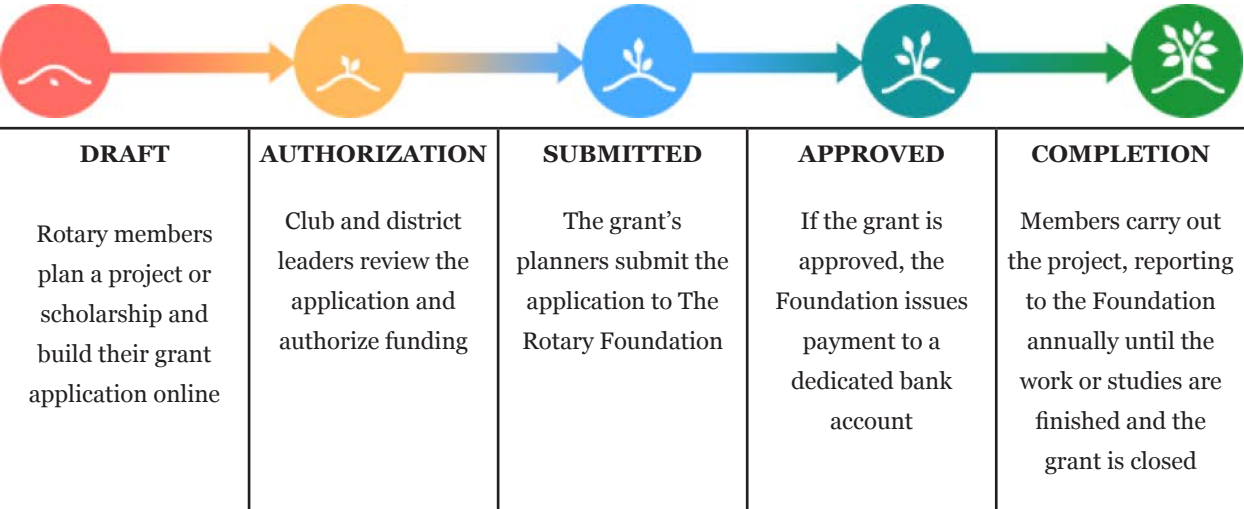
BY ROBERT CAIRNS

Getting a Rotary Foundation Grant can seem to some to be an overwhelming task. Rotary makes it relatively easy through extensive training and lots of publications, guides and websites. It helps getting a grant if you are not intimidated by paperwork and are passionate about a project.

There are 2 primary types of Rotary Grants:

- 1) District Community Grants(DCG) fund smaller-scale, short-term projects that address immediate needs in your community or abroad;
- 2)Global grants(GG)supportlargeinternational

Here’s a simplified diagram of the life cycle of a Rotary Global Grant:



or by attending annual training usually held at Clover Park Technical College for Western Washington Rotarians or in Nanaimo for Vancouver Island Rotarians. Applications for District Grants are done through the District website and applications for Global Grants are done through Rotary.org: Clubs applying for Grants must also sign a MOU.

District grants are the easiest grant to get approved and executed. Normally they are in the \$7,000 range (Half of the funding comes from the Club and half is reimbursed by the District Dedicated Funds. Planning a project prior to submission is critical for your grant project to be successful. One of the challenges that your District Foundation personnel experience is that DCG’s are submitted without proper planning and later it is found out that the grant cannot be executed. This creates an administrative burden for District Foundation personnel on top of the daunting task of administering 45-50 DG’s per year. DCG’s are attractive grants because the paperwork requirements are relatively easy and no host club is required in the country of execution. With GG’s one of the major overseas challenges is to find a host club in the country of execution and a means to execute a large scale project. To execute a GG, fund raising becomes a

challenge for the Rotarians initiating a GG. To facilitate the fund-raising and other aspects of GG, some areas of District 5020 have clubs that have formed groups of clubs that pool their funds and their expertise. Examples are a Mid-Island Group and a Victoria grouping of Clubs on Vancouver Island. Many GG’s are executed with a non-profit organization called a cooperating organization. Cooperating organizations make for a smoother execution as Rotarians tend to be busy people everywhere in the world and getting time to execute a GG can be challenging.

My #1 recommendation for Rotarians interesting in doing grants is to find a mentor and have them show you how they have done grants. Training and publications can provide guidance but it really helps having someone show you how it works on the computer application. Rotary websites are noteworthy for not being user friendly.

QUESTIONS ON DCG’S CAN BE REFERRED TO BOB ZAWLISKI AT: ZAWILSKI@COMCAST.NET

QUESTIONS ON GG’S CAN BE REFERRED TO HOWARD SVIGALS AT: HSVIGALS@GMAIL.COM

THANKS ROSE

BY CHIP ROSS

PDG Rose Bowman passed away on May 2, 2017, but we are still working to make her dream of helping the children of Mexico to a better life.

Early in Rose’s Rotary life, she had acquired an old bus, filled it with books and school supplies, and driven it to Mexico. She often recalled this trip as “the day I became a true Rotarian.”

While Rose was ill, the Rotary Club of Strathcona Sunrise in Canada bought a bus and an ambulance, which they filled with electric and manual wheelchairs bound to El Tuito, a small village near Puerto Vallarta, Mexico. But the bus only made it as far as Everett before breaking down. And there it sat until Leon Bowman, Rose’s husband, had it towed to his mechanics shop in Chehalis.

Following Rose’s passing, then-DG Tom Carroll organized a memorial to her, which saw individual Rotarian, friends, and Rotary clubs in District 5020 donate over \$22,000 to get the bus back on the road. Just before Christmas, 2017, Rosie’s Bus, accompanied by the ambulance, arrived in El Tuito, Mexico. There the vehicles were officially donated to the

municipality of Cabo Corrientes by President Ignacio Palomera, of the El Tuito Rotary Club, who had accompanied the District 5020 Rotarians who had driven the vehicles from Chehalis.

Thanks to the generosity of Rotarians, there remained a surplus of about \$15,000 in the Memorial Fund. After some discussion, it was agreed that this amount should be dedicated to Rotary’s education and health projects in Cabo Corrientes.

A preliminary community evaluation subsequently carried out by Amanacer El Tuito Rotary has identified the supply of potable water to be the most pressing need of the residents of Cabo Corrientes.

A formal Community Assessment is now being conducted that will provide the supporting data for a series of Global Grant applications, which will see the 10,000 residents of Cabo Corrientes provided with reliable supplies of clean, filtered water.

Stat tuned – we’ll keep you informed of progress on the project as it matures ...



*Handing over the keys to Rosie’s Bus
Ignacio Palomera, RC of Amanacer
El Tuito, El Tuito Mayor Gordian,
Bayne Mann, Strathcona Sunrise RC*

TWO DISTRICT COMMUNITY GRANT PROJECTS IN SAN JERONIMO TECOATL, OAXACA, MEXICO

BY PATTY WATSON

In 2016, International Service Committee members of the Rotary Club of Duncan Daybreak reached out to an organization called True Roots after reading an article in the Rotarian magazine featuring their work in the state of Oaxaca, Mexico. We were seeking a project in a high needs community not well served by other humanitarian organizations. True Roots is a consulting firm specializing in the planning, assessment and impact measurement of social responsibility initiatives. Summer Lewis, one of True Roots' founders had been a Rotarian Peace Scholarship recipient.

Summer referred us to CAMPO (Centro de Apoyo al Movimiento Popular Oaxaqueño A.C.), an Oaxacan based NGO with a long history of supporting indigenous communities in the state of Oaxaca. CAMPO offers technical assistance and agricultural training in rural communities.

Our request was to visit at least 2 organizations that might benefit from a small scale project meeting the criteria of a District Community

Grant. True Roots and CAMPO worked together to identify the community and potential organizations.

VISIT 1: In late 2016, our International Project Committee, a party of 5, our driver and 3 representatives from True Roots and CAMPO drove to San Jeronimo Tecoatl, a remote mountainous community, 7 hours north of the city of Oaxaca. The community is primarily agrarian with a population of approximately 1500 indigenous people. Most live on small landholdings and eking out livings by producing their own fruit and vegetable, raising a goat, tending a small coffee plantation and/or raising bees.

There are many organizations providing support in and around the city of Oaxaca, but few providing assistance to those in remote areas, such as San Jeronimo Tecoatl. Travel to this area is difficult and the services available to those in more populous regions are not available or accessible.



Over 2 days we visited 2 local cooperatives, meeting with their leaders and members and learning about their successes and challenges.

- Sabores Mazateco is a women`s canning cooperative growing local fruit and vegetable they then process and sell in their own and adjoining communities. Their purpose is to create employment and a sense of empowerment for women in this traditionally male dominated Mazoteca community. The cooperative also provides



a savings and loans service, a new concept for member of this community. They have 20 active members.

- Miel Nectar Mazateco is a cooperative of 31 beekeepers producing 10-20 tons of organic honey per year for domestic and foreign markets. The group has been challenged with the Africanization of their queen bees, the substandard state of their storage and training facilities and export costs.

Project 1: Water System, San Jeronimo Tecoalt 2017-2018

The leaders of the women`s canning cooperative identified a pressing need for a reliable supply of fresh water, vital for the operation of the canning facility and nearby greenhouse. They also needed to eliminate the physical burden of hauling water uphill. CAMPO agreed to serve as our cooperating organization in a project that included: the installation of a 35 cubic meter concrete water tank; a rain catchment and filtration system; and a solar powered water pump. CAMPO staff provided technical assistance and training to the women of the cooperative and the men in the community supporting their organization. They were trained to maintain the filters, the solar energy



pump as well as the operation and maintenance of the entire system. Local labour was used and materials and supplies were sourced locally wherever possible.

VISIT 2: In 2018 our club representatives revisited the community for 2 purposes. One, to inspect and evaluate the nearly completed project at the Women`s Canning Cooperative. We enjoyed a very happy reunion with the women, sampling their products and inspecting the impressive water tank and collection and filtration system.

The other purpose of our visit was to reconnect with members of the beekeepers cooperative to identify a project that would assist them in their efforts to be more successful in honey production, processing and marketing. Once again, we were looking for a project within the scope of a District Community Grant. Having seen the results of our successful project at the nearby Canning Cooperative, the beekeepers had prepared themselves well for our visit. Most members of the beekeeping cooperative were in attendance, many having travelled several hours on foot.

Project 2: Miel Nectar Mazateco, aka, Beekeeper Project 2018- 2019

The stated priority of the beekeepers was to improve their inadequate honey storage and training facility. In its current state, the building did not meet food safety standards, had a leaking roof, no WC or kitchen facility. They have the capacity to increase honey production to 30 tons annually and to broaden their market.

Since our visit the previous year, some members of the cooperative had learned the skill of cultivating their own queen bees to save costs and promote genetic diversity amongst their bee population.

During our visit we were presented with samples of honey by-products, another new initiative being explored by the group.

Building improvements targeted with project funds included: a new roof; plastering and painting interior walls with materials that are food safe; repairing and painting exterior walls and doors; upgrading the electrical system; and replacing the mosquito netting. The beekeepers, with technical support from CAMPO training staff, provided most of the labour for this project.

VISIT 3: In the spring of 2019 we visited the

community of San Jeronimo Tecoatl for the 3rd time. We saw the progress being made in the remediation of the building and heard from the beekeepers about their advancements in developing value added products. Some of the beekeepers led us on a challenging hike to an apiary where we donned protective gear and helped inspect the hives. During this trip to San Jeronimo, we also visited our friends at the Canning Cooperative and were pleased to see the water system functioning.

Funding for both the Women`s Canning Cooperative project and the Beekeepers project were provided by the Rotary Club of Duncan

Daybreak, the Mid-Island Rotary group and a District Community Grant. The budget for each project was \$7000 USD.

Both projects serve as examples of what can be achieved by a small club of 20 members working with a small budget. The benefits to the recipients of both projects are significant in terms of economic and community development. Participating Rotarians and partners were also project beneficiaries through friendships gained, knowledge acquired and the opportunity to explore a unique part of the world we would otherwise never have experienced.





D9101 LATRINE BLOCK PROJECT

BY PIETER KOELEMAN

In Rotary year 2015-2016 the DG of District 9101 was Marie-Irene Richmond Ahoua who had to look after 10 countries (Cape Verde Islands, Senegal, Gambia, Guinea Bissau, Guinea, Sierra Leone, Liberia, Ivory Coast, Mali, Burkina Faso) all situated in West African Coast. During her year she visited every country at least once and sometimes more.

One of the challenges she was confronted with was the lack of sanitary provisions for the people. In November the District organized the West African Project Fair (WAPF), which was held in Abidjan, Ivory Coast. It was well attended besides the Rotarians of D9101 thirty Rotarians from United Kingdom, USA, Canada and representatives from other African



countries. Inspired by the enthusiasm of the D9101 Rotarians and need for assistance for their advertised projects the visiting Rotarians wanted to come up with a collective support for a project. I – in company of my son Mark- was one of the attendees and in my opinion this was an understandable desire but not feasible.

During my stay I connected with DG Marie-Irene, but it was after my return that I learned about her ‘dream project’ to provide public sanitary provisions for the people, which would be located on places with a high public traffic such as bus-stops, markets, schools, medical clinics. All the countries in her District should benefit from it. The idea appealed to me. This was a project not directed on one community, one location, but the District would benefit from it. In consultation with Alison Randall, Regional Grant Officer, who also attended the WAPF, the project had to be scaled down first to one country (Ivory Coast) and later to a District. The scope was to build 33 public latrine blocks with a projected budget of \$ 200,000US in the District of Abidjan which consists of 13 communities and three communities in the surrounding of the District.

In January 2016 the project was discussed in the WCS Committee of the RC of Campbell

River and later proposed to the membership and accepted that our club would take the lead. I committed myself to be coordinator for this project.

The project was advertised throughout our District via the Assistant Governors and direct soliciting of the clubs on Central and North Vancouver Island. All the participants at the WAPF were approached as well. Final result was ten (10) clubs (Port Hardy, Port McNeill, Campbell River, Campbell River Daybreak, Cumberland Centennial, Courtenay, Comox, Strathcona Sunrise, Qualicum Beach, Nanaimo) and the Mid Island Group on VI.

Four Clubs in the USA with two (2) Districts, One (1) club in Australia and its District. Further there were four (4) individual Rotarians, participants in the WAPF, who supported the project with a personal donation.

CONTRIBUTION SUMMARY

- D5020 Clubs contributions \$ 22,938 US
- D. Designated Funds (\$ 15,000 max) \$ 15,000 US
- Global Grant Match 50% of club contributions \$ 11,469 US
- Global Grant Match DDF 100% \$ 15,000 US

Subtotal from D5020 clubs \$ 64,406 US

- US Clubs Contributions \$ 9,600 US
- Two (2) D.Designated Funds \$ 6,500 US
- GG Match 50% Club Funds \$ 3,750. US
- GG Match DDF 100% \$ 6,500 US

Subtotal from US Clubs \$ 27,400 US

Other Contributions: Individual Rotarians \$ 4,391 US, Australian club + District \$ 17,000 US, Host District 9101 DDF \$ 20,000 US, GG Funds of the above \$ 35,695 US Subtotal from other contributions \$ 77,086 US, Grand Total for Funding \$ 168,892

An Agreement with the District of Abidjan and D9101 was set up in which the locations would be designated by the different communities in consultation with the local Rotary clubs. Further it was established that the communities would be the owner of the latrine blocks after completion and look after service and maintenance to guarantee sustainability.

The host district proposed the design for the public latrine blocks each consisting of two latrines and hand washing station. The unit consists of a septic tank and dispersion pit.

The Primary Contact for the Host District

was Dr. Andre N'Guessan Kouame and the signing of the MOU was one of the first items. I had regular contact with Andre and of course the French language was a challenge. In all the correspondence I copied the other two members of the Committee (DG Marie-Irene Richmond Ahoua and Abdoulaye Sanogo). During the preparation of the application there was a regular contact with the Regional Grant Officer Alison Randall, who in 2016 was followed up by Dave Massey. The Global Grant (GG) Application was submitted in November 2016 and after providing some more additional information the GG Application was again submitted in January 2019. It was on June 12, 2017 we received the approval of the GG Application.

Since the beginning of this project we kept our partners informed about the progress of it. Next phase was to set up the procedure of collecting the money from all the participants. Therefore we needed also the instructions and advise of the Regional Grants Payment Coordinator Josue Olivier. Fortunately I needed only to collect the funds from the clubs on the Island. The US and Australia clubs and Districts could transfer the money into our GG number.

In November the message from TRF was



that the first payment of \$ 100,000 would be transferred into the Projects Account. The arrangements were in place.

In the meant time the Host Committee had set up a for tender process and two construction companies were selected and the 30 latrine blocks were divided in two groups with 15 for each company. Also a construction supervisor was selected and appointed.

In January 2018 the construction started and

all the Latrines blocks were completed in June 2019.

There was a satisfactory progress and over the course of the construction we received regular progress reports from our Primary Contact. After, we edited the report and emailed it to all the participants and supporters of the project. In total we sent seven (7) progress reports. Those progress reports provided information of the construction on each of the 30 locations with progress regarding ground



work, construction septic tank - dispersion pit, walls, roof, sanitation, painting. The different phases in the construction was indicated in percentages.

In my opinion it's an important element to provide the supporters of a project with these update reports. It was always advised to share that information with the members of each club.

The duration – in this case almost four (4) years- shows a decline in interest by some of the participants.

On 20 December the first latrine blocks were presented to the principal of the Public Elementary School (PES) in the city of Yopougon and the School Group (SG) in Attecoubé. In attendance was the R I Director Yinka Babalola as well as PDG Marie-Irene Richmond Ahoua, teachers, Rotarians and of course the students.

At the end of 2018 there was also a setback, because one the construction company was not able to continue with the contract. Therefore the other company had to take over that part as well. This caused a delay in the completion of the project. Two communities were late in the designation of the location of the Latrine

Blocks, causing further delay.

In August 2018 the eight latrine blocks were completed in four communities. In December there were thirteen (13) communities where the designated latrine blocks (22) were completed. In March 2019 26 latrine blocks were completed 2 were for 95%, 1 for 50% and 1 still had to be started due to delay in designation of the location.

On July 20 the presentation of most of the other latrine blocks was completed in the different cities. The ceremonies were led by now PDG Marie-Irene Richmond Ahoua on five different locations, which covered Public Elementary Schools, School Groups, Markets, Taxi Station and Garages. Local government, staff, teachers, other personal and press were represented at all locations. During the presentation the International cooperation between the Rotary clubs and the Rotary Foundation was highlighted. Six (6) other latrine blocks in three (3) cities were presented on August 8, 2019.

The selection process of the managers was concluded in March 2019 and the training of all the 16 managers took place in September. They will look after the cleaning and proper

operation of these latrine blocks and the local government will take care of the maintenance.

THE TOTAL BENEFICIARIES: 22,410. Students including the public elementary school students: 19,510, Traders at the markets: 1,750, Passengers: 1,000, Mechanics: 150

LOCATIONS OF THE LATRINE BLOCKS: Child Protection Center: 1, Public Elementary Schools: 11 School Groups: 10, Markets: 4 Taxi Station: 1, Public Garages: 3

The importance of these sanitary installations will be emphasized and the public will be advised and educated how to use the facilities in a proper way with pamphlets, posters and public information.

It was a long journey since the acceptance of this project idea and the completion of it and a number of facets I like to highlight:

- The experience of attending a Project Fair
- The establishing of a personal relation with a local Rotarian where the project takes place
- The acceptance of a worthwhile project, review the scope, feasibility, establish a connection with it and motivation

- Use the connection with other Rotary clubs, who might be potential supporters
- Provide the optimal information about the project to guarantee participation also from the District
- File the Global Grant Application
- Solicit the seed money goal and confirm level of participation
- Establish a functional and reliable relation with the Primary Contact of the Host Country
- Maintain a regular correspondence with the Host Country as well with the Regional Grant Officer of TRF
- Secure the involvement of all for the authorization and signing of the application
- After approval guide the participating clubs how to channel their contributions
- Be sure that the Host Country has fulfilled all the requirements for the transfer of the GG funds
- Keep following the progress of the project and share all the available information including pictures, videos with the supporters of the project. This needs to continue till the project has been completed. Share that with your membership, Club- and District newsletter
- Depending of the duration do your part for

the Interim - respectively Final Report

From a personal perspective I see this project as a Pilot Project and I expect that the different local governments will be inspired and motivated to provide more of these sanitary provisions to the public in the future.

Hereby I would like to express my thanks to all who supported this project, the Clubs on Vancouver Island, D5020, the Clubs and Districts in the USA, Club and District in Australia, the

four individual Rotarians, Host District 9101, PDG Marie-Irene Richmond Ahoua, my Primary Contact Dr. Andre N'Guessan Kouame, the Regional Grant Officers.

We started in Rotary year 2015-2016 which had the motto “Be a Gift to the World”, followed by “Rotary Serving Humanity”, “Making a Difference”, “Be the Inspiration” all these are so connected with this project and now in this present year, we can say We Connected to the World.”



THE POWER OF PARTNERSHIPS

BY ROBERT CAIRNS

Rotary offers opportunities where partnering multiplies the impact of a Rotary Grant. A vivid example of the benefits of partnering is a partnership between District 5020 and District 5030 to enhance STEM (Science, Technology, Engineering and Math) education in Kenya.

Through the wonderful network of Rotary plus having 2 Rotary Districts share the mutual goal of enhancing the educational system in Kenya, a Vocational Training Team (VTT) was formed and a 2 year VTT for \$135,120 was drafted, fund-raised for and approved in 2017. The networking took place when information on a District 5020 education grant was publicized and District 5030 became aware of this educational work where a small, inexpensive, computer could be used to provide a massive educational library through a NGO called World Possible.

After discussions between Kenyan educators and the 2 Districts took place, a mutual goal was formulated. The goal involved a US based educational team traveling to Kenya to teach Kenyan teachers how to engage students in the learning process through STEM. This replaced the current process of students memorizing

facts/figures and then taking exams to test students on their memorization abilities.

In Kenya, the educational system is modeled after the British educational system where National Exams are taken at the end of 8th grade and at the end of 12th grade. A student must pass these exams to advance to high school and then on to a University. Doing well on National Exams is essential for a student to move up the economic ladder as an adult. Many Kenyan students were doing poorly.

A highly qualified USA based educational team was assembled in 2017 and traveled to Kenya to teach techniques where the student is the center of the learning process instead of the teacher.

Over 60 Kenyan secondary educators were brought together and training in Physics, Chemistry, Biology and Math educational techniques was taught in 2017. In 2018, over 90 Kenyan secondary and primary educators were brought together for the purpose of learning how to be better educators through STEM learning. Fourteen schools from Taita Taveta County and 9 schools from Baringo County participated in

the training. As part of the learning process, Kenyan teachers taught STEM classes in the local primary and secondary schools using the STEM techniques they had been taught. This training was video-taped and then critiqued. Teachers were shown how technology could enhance the learning process in Kenya.

Document cameras, projectors, Wi-Fi boosters, chrome books, laptops, etc. were used by the Kenyan teachers and these teaching aids were provided to the schools. County and national educational officials visited the training and

discussions are on-going on how the STEM training techniques can be exported to other schools in Kenya.

As part of the VTT, teachers of the 23 schools formed Professional Learning Communities(PLC's) where there gather regularly to share struggles, successes and help each other improve their teaching skills. Without the District partnerships involved in executing the VTT, the impact would not have been as far reaching and as successful as it has been.



EDUCATION-THE ONLY TOOL TO LIFT PEOPLE OUT OF ABJECT POVERTY

BY ROBERT CAIRNS

The literacy ratio in East Pokot, Kenya, is just 4%. Sixty percent of the children never enter a school ever. Eighty-seven percent do not advance from 8th grade to high school. Can you imagine, almost everyone you deal with cannot read or write.

Thumb prints are the normal way of providing signatures. Coupled with one of the lowest literacy rates in the world is a poverty rate of 67%. In simple terms, that means 2/3 of the people that live in East Pokot have no material assets. Their only source of income is the sale of a goat for \$30.00. East Pokot has a few stars that have broken out of this abject poverty. The most successful are those that are university educated. Bob Cairns and his wife were introduced to the challenges in East Pokot through a Rwandan refugee who lost his parents in the Rwandan Genocide at the age of 4.

Jovenal's story is for another time. A non-profit founded by Jovenal, an East Pokot native and a person from Mombasa, Hifadhi Africa, has acted as a cooperating organization implementing Rotary funded projects. Founded in July

2013, Hifadhi Africa has targeted East Pokot as one of their most important areas to provide humanitarian assistance for the 170,000 people that live there. The co-founders of Hifadhi Africa became fanatical supporters of education of all kinds and realized that only through education could the Pokot tribe improve their lives.

It was decided that a Library and Cultural Resource Center would be a fundamental way to stimulate education and a thirst for knowledge. East Pokot suffer from many of the ailments that plague Western Society, such as teenage pregnancy, drug and alcohol addiction, delinquent and malicious behavior, etc. When schools are not in session (May, August, and December), the youth have nothing to do, which helps generate behavioral issues. An analysis of possible ways to reduce these behavioral issues led to the decision to pursue constructing a library building. Public libraries are non-existent through almost all of rural Kenya except for large cities. Primary schools also have no libraries. Further analysis disclosed that the Pokot people have no place to conduct tribal or public meetings. East Pokot has no infrastructure



Initial Inspection of the Bob and Christine Cairns Cultural Resource Center and Library.

except schools and churches, and these are for the most inaccessible. Buildings there are what we would call shacks and are made out of corrugated steel plates nailed onto limbs which substitute for lumber. The decision was made to apply for a District 5020 Rotary District Grant (DCG) and try to squeeze out a building. Cost estimates were that the cost would be \$12,000. The maximum for a DCG is \$7,000. DCG # 12 was approved, and a donation of \$5,000

was provided by Bob and Christine Cairns. In the late summer of 2018, the construction of a building was started. The project was supervised by Naomi Muindi, a Hifadhi Africa volunteer. Some clubs were introduced to Naomi between Aug 3-15 when she was in Washington State after her participation in the President Obama program called the Young African Leaders Initiative (YALI). As with most construction projects, issues arise, and they have to be

resolved for the project to be successful. Naomi successfully resolved all issues and the building was completed and accepted in early Jan 2019. The building was named by the Pokot people, “The Bob and Christine Cairns Cultural Resource Center and Library.” It was dedicated on Jun 12 when between 30-40 people gathered for the dedication. Rotary, Hifadhi Africa, and the Cairns’s were repeated facility was certainly the only one in Baringo County and probably all of Kenya.

Parallel to the construction of the CRC and Library was a book drive in District 5020 and 5030 from Oct 2018 to Aug 2019. The book drive was hugely successful, and an estimated 120,000 books were obtained. There were enough books to fill 3-40-foot containers. Two

of these containers are about to be shipped from Houston to Mombasa for free by the Second Wind Foundation who is partnered with Rotary Clubs to provide used books all over the world. One 40-foot container is destined to be shipped to Taita Taveta County, and the other is to be delivered to the CRC and Library in East Pokot. The vast majority of the books will be provided to schools as the volume of books far exceeds the storage capability of the library. The remainder will stock the library.

Rotary Grant DCG # 12 has produced a remarkable project with a relatively small amount of foundation dollars. The CRC and Library will have an impact on thousands of people for many years to come. Rotary dollars in Africa go far.



Attendees at the dedication of the Bob and Christine Cairns Cultural Resource Center and Library



Dedication Speech by Bob Cairns for the Bob and Christine Cairns Cultural Resource Center and Library, 12 Jun, 2019.

COMMUNITY ASSESSMENTS - A VITAL PART OF A SUCCESSFUL ROTARY PROJECT

BY ROBERT CAIRNS

Through 14 trips to Africa, Bob and Christine Cairns have watched the community assessment process unfold. The impact of Rotary projects and dollars are being maximized because of these assessments. Beginning in 2014, the Cairns have made annual trips, some as long as a month, to Kenya to perform humanitarian work. In 2014 when they would visit villages and schools, they could tell through body language, and even spoken communication they were viewed as just touring “Wazungu” (white people). The Pokots, the local people, would likely never see them again meaning the “Wazungu” visit would have no tangible impact on them.

The Pokot people of Baringo County, Kenya are a marginalized people. Marginalization is somewhat of a big word with vague connotations. What does “Marginalized” really mean? It means they are not provided even the most basic services by their County and National Government. It means that the politicians know that people with a 4% literacy rate, will in all probability, not vote in elections or if they do vote, these votes can

easily be bought.

The Cairns were personal witnesses to vote-buying. While traveling to the Natan Primary School, a group of women under a tree in the middle of nowhere called out for the Cairns to stop as they passed by. They took the time to stop but asked their driver what the women wanted. They were told they wanted to know if they were politicians out buying votes. They would be happy to sell their votes for \$5.00. Marginalized means 95% of county revenue is spent on government salaries yet very few Pokots are employed by Baringo County. Yes, 95% is the correct number. This leaves 5% for roads, schools, and everything else required for the infrastructure of the area. Very little of the 5% left is allocated for the Pokot people because of politics. If you want to be rich in Kenya, be a politician. In 2017 the Cairns learned a Rotary Global Grant of \$104,300 was providing twice the funds as the Baringo County spend in that area for the entire year. This posed the question of how do you identify what the communities need and want? The African

version of a “Town Meeting” seems to have been very successful. In these town meetings, Pokots are encouraged to vocalize their needs. One of the interesting aspects of the town meetings is that the Pokot people don’t hold back their feelings. They speak loudly with great feeling and emotion. In 2017 in a village called Riong’o, a group of 34 Pokot women told the Cairns they wanted a grain grinding machine. They explained they were currently required to walk 12-20 miles one way to a grain grinding machine in Chemolingot. This is how they got their maize ground into a flour-like substance. It entailed carrying a 20-40 pound bag of maize for a round trip 24-40 miles. The solution was a District Community Grant (DCG) #49, a grain grinding machine installed in 2018. On the Cairns visit in 2019, they saw the grain grinding machine in action.

One of the challenges of asking people what they need and want is they are so marginalized, they often don’t know what is possible. In another town meeting, a suggestion of providing seeds was eagerly received. Further discussion with local chiefs disclosed that they highly endorsed the idea. One of the challenges in East Pokot is that the Pokot people are not skilled in raising crops. They have been pastoralists for centuries, and animal farming is all they know. To impact development, one of the conditions levied

was that the pastoral Pokots had to practice crop farming instead of livestock keeping. Additionally, villages had to establish an Agricultural Committee and physically show to Hifadhi Africa a farm belonging to a potential beneficiary before such a person or family is donated seeds. Fourteen villages were provided seeds to do farming, with the smallest farm being half an acre while the largest was 6 acres. In Akwichatis village, 42 farmers were given 2-4 kilograms of seeds. In Natan village, the amount given to 30 farmers was determined by the acreage of the beneficiary. A total of \$2,000 of maize, beans, and watermelon seeds were purchased and distributed through the funds provided by DCG # 49. In Sept 2019, Collins Nakedi, who grew up in East Pokot, observed that there was maize, bean, and watermelon planted like he had never seen before. Normally in East Pokot, it is too dry to grow crops, but the last two years have had sufficient rains to grow crops. A video is being done on the success of DCG # 49, highlighting the impact of crop farming and food security. The video is being edited, and a link will be available soon on the Hifadhi Africa YouTube channel.

The challenge with community assessments is the “want list” has become endless. During 2018 at a town meeting, the Cairns were 74 emphatically

told the strongest need was “camels.” A camel, with its milk, can support a family of 4 for a year. They didn’t want cattle as their cattle die over and over from droughts.

In many town meetings now, residents’ requests are for a “sand dam.” They have seen the benefits that a sand dam can bring and want one close to their village. The problem is that you can’t plunk a sand dam down just anywhere. You need the right stream bank configuration and proper flows to maintain it. The difficult challenge for the Cairns is to have to tell people the conditions are not ideal for their village to have a sand dam. Sand dams have shown the benefits of having full community backing for the project. Bob Cairns saw a sand dam constructed in Sept 2019 where 204 people participated. Work teams of men, women, elderly, and disabled people volunteered for 11 days of back-breaking labor constructing it. Bob wonders how many times anyone has seen a volunteer group of over 200 doing a Rotary project for 11 days. Community assessments are a vital component of a successful Rotary project. They can be done across language and cultural barriers. If you want detailed guidance, you can google “Rotary Community Assessment Tools,” and an excellent publication will provide all you want to know about doing Rotary community assessments.



STRETCHING ROTARY DOLLARS FOR MAXIMUM IMPACT

BY ROBERT CAIRNS

In one of the poorest places in Africa, Rotary Dollars are having a significant impact on the Pokot tribe of Baringo County, Kenya. Dollar for dollar, there is not another place in the world where the result of Rotary Dollars is as significant as it is in East Pokot.

About 170,000 people live in East Pokot, a subdivision of Baringo County. The Pokot tribe is an ancient tribe that occupies tribal lands in North Central Kenya. The climate is semi-arid and not fit for agriculture without irrigation. The Pokot tribe survives through a pastoral lifestyle, herding goats, and cattle, but the Pokots are barely surviving. A seven-year-long drought resulted in the death of 80-90% of the goats and cattle on Pokot tribal lands. Water is a precious commodity and often barely available. All the streams in East Pokot are seasonal and are dry nine to eleven months a year. It is common for ten to fifteen people each year to die of starvation in East Pokot.

Working with the Port Orchard Rotary Club to improve the lives of Pokot people is a non-profit organization called Hifadhi Africa. Six

unpaid volunteers implement either District Community Grants (DCG) or Global Grants (GG). From Oct 2017 to May 2018, Hifadhi Africa executed two DCGs to provide maize (corn) to the starving Pokot people. While the government is supposed to help during catastrophes, the reality is that help is seldom offered.

The Pokots typically have one meal per day, and it consists of Ugali, mush like a dish made from ground-up maize. Because of the loss of 80 to 90% of their animals from a seven-year drought, there was an urgent need to provide emergency food. Consequently, maize was purchased to provide emergency food. Each maize bag weighs 200 pounds. With funding from DCG #44, 240 bags at the cost of \$25 each and weighing 48,000 pounds were purchased. Imagine lifting 200-pound bags totaling 24 tons multiple times to get the food to people.

First, you need a massive delivery truck to transport the maize from Eldoret on a roughly paved road five to six hours one way. Then you must find a place to store the maize, which was

provided by a local chief. Storage of the maize was necessary to allow for four days to distribute the maize and to protect it from goats and weather. Goats run wild everywhere and would make short order of maize bags. So, once you have the maize in the central distribution point, determining a fair and equitable distribution of the maize is a primary challenge. The elderly, the aging, the sick, single parents, and people with disabilities were considered first. Peter Ng'arei, who is a Polio victim, were among the first people to be considered. Input from local

chiefs further helped identify the neediest. The next challenge is how to solve the dilemma.

A local highway construction company donated a dump truck, and a Baringo County grant supplied the fuel loan of a 20-ton dump truck. In East Pokot, there are no roads except the main highway, so travel is on sandy, rocky, and sometimes muddy roads. Since the roads were muddy, the donated Baringo County truck got stuck, a front-end loader could not pull the vehicle out of the mud. So, the driver



Pokot women receiving maize distributed by DCG # 49.

and Hifadhi Africa volunteers slept in the dump truck overnight. Through hours and hours of hard work by local people digging a pathway, and putting rocks in the tire ruts, and pushing, the vehicle was able to be freed.

A comical lesson learned from using a dump truck was to plan for appropriate transportation once all the maize bags were procured and distributed. A total of 12 volunteers were used to handle the 200-pound bags. These volunteers rode inside the dump truck on the soft bags of maize before distribution. After the dump truck was emptied, the solid steel truck bed was impossible to travel in with nothing to hang onto, so the twelve volunteers, along with the driver, crammed into the truck cab for the ride back, which must have been quite a sight.

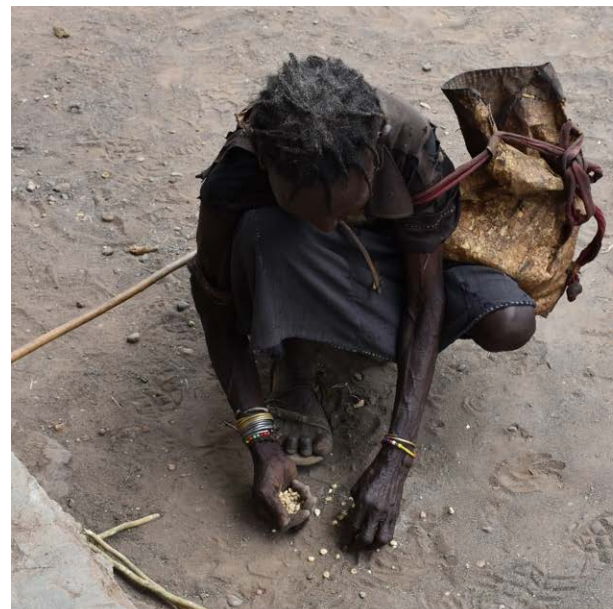
During the Rotary year 2017-2018, 2 DCGs for \$7,000 each were done distributing maize to the Pokot people. In the first DCG #34 - 156 bags were purchased in 3 phases from Oct 2017 to Apr 2018, in quantities of 100, 35, and 21, whereas in DCG #44, a total of 240 bags were purchased at one time, through Rotary Dollars. There were 3122 beneficiaries in 14 villages that benefited from DCG #34. The maize was distributed to eleven villages and six primary schools from May 15-19, 2018. A total of 1369

individuals benefited from DCG #44. With DCG #44, by partnering with Baringo County and a local construction company for a loan of trucks and fuel, over \$500 was saved.

Lessons were learned, such as buying maize in large cities and transporting it to East Pokot, which was more cost-effective than purchasing maize closer to the distribution point. A price break was also possible when you buy maize in vast quantities. The price for the bags of maize purchased in DCG #44 was \$25.00 per bag versus prices ranging from \$31.00 to \$57 a unit in DCG #34. With DCG #44, delivery fees from Eldoret on DCG # 44 were waived because of the large size of the purchase and through hard bargaining.

One unique aspect of working in East Pokot is that signatures are a rare commodity because the literacy rate is only four percent. Thumbprints substituted for signatures and were obtained from the beneficiaries to prevent double dibbing.

Rotary dollars go far in East Pokot, and those dollars directly saved lives. However, Rotary dollars through two DCGs filled an urgent need and brought some vital nutrition to the Pokot people.



Hunger and starvation motivate Pokot women to pick up every single grain of maize accidentally dropped

LESSONS LEARNED FROM WATER ROTARY PROJECTS

BY ROBERT CAIRNS

Stupidity can be defined as doing the same thing over and over and expecting different results. In East Pokot, Kenya, there are eight boreholes (African for water wells) in an area about the size of Kitsap County. None of the boreholes are currently working because the population is too poor to maintain them. They have no tools, and repairing boreholes often calls for companies that specialize in this work. The government does not see that it is their function to repair boreholes.

Currently, the Pokot people get water by digging into the bottom of streambeds and dipping out small quantities of water with a cup, or they get water from a “pan” and is the government’s solution to provide water for the people. A pan is a bulldozed hole in the ground where water accumulates in the rainy season. Problems with “pans” are that they dry up due to evaporation, and there is nothing to prevent animals from entering the water. So, animals openly defecate into the water. You can imagine all the problems that one would have drinking this water, but the Pokot people do so because they have no choice. Sickness and death are ever-present

in their lives because of contaminated water. Through research, the Port Orchard Rotary Club came up with the idea of “sand dams,” which have been around since biblical times and require virtually no maintenance. Sand dams had been built in all of NW Kenya, but many people were skeptical of their efficiency. A sand dam is nothing more than a concrete wall across a seasonal stream that traps sand behind it, which acts as a sponge that filters the water and creates a perched aquifer. Shallow boreholes (30-40 feet) are installed in each river bank. With the installation of sand dams in East Pokot, water becomes available all year for people, animals, and irrigation.

Most importantly, sand dams are sustainable. Concrete walls require no maintenance, but bank washout is a possibility, so people have to be alert and take corrective action if a threat develops. Sand dams have been used successfully throughout the world, and the Pokot people are delighted with this source of water. Starvation and hunger are reduced by changing from being pastoralists to being crop farmers.

So, with GG # 1528239, one sand dam was installed on a trial basis. Working with the Port Orchard Rotary Club to improve the lives of Pokot people is a non-profit organization called Hifadhi Africa. Organizations like Hifadhi Africa are often referred to as a cooperating organization. Six unpaid volunteers implement either District Community Grants (DCG) or Global Grants (GG).

There were several critical unknowns. The primary situation was whether there were seasonal streams that had the right flow and bank configuration. You need a stream that has high banks; a streambed cut into the terrain, is relatively narrow and has the bedrock of one to three meters below the stream bed. The stream must have sufficient flows to keep the sand dam aquifer charged. It was uncertain whether the right stream conditions existed in East Pokot, but through research with Google Earth and talking to the Pokot people, the situation seemed favorable.

So, a sand dam was constructed in Nov/Dec 2016, and 6 weeks later, there were 3 kilometers of water behind the sand dam. An all-volunteer team of over 100 people constructed the sand dam in three weeks. After the water appeared, people and animals came from as far away



Hand dug trench for installation of concrete sand dam wall

as 72 kilometers (43 miles) to get water. The skepticism disappeared, and now the challenge is to deal with all the requests for sand dams that arise in “Town Meetings” conducted during annual trips to Kenya by Rotarian Bob Cairns and his wife, Christine.

With the completion of GG # 1528239, a second GG for \$92,350 was developed, fund-raised for, and funds were received on April 25, 2019. GG # 1869224 funded the construction of four sand dams along with some other related water projects. With a “GG,” there is a requirement to have a host Rotary Club in the Country. Part of the mobilization for a “GG” is to coordinate with the host club and iron out details such as receipt processing, on-site inspection, etc. The Rotary Club of Gigiri, Nairobi, is partnered with the Port Orchard Rotary Club to make significant changes in people’s lives.

Construction of the first sand dam started on September 5, 2019. Since the water was flowing in the Natan River, construction was delayed. The development of the sand dam was near the village of Lokaukon, seven kilometers from the first sand dam. The people of Lokaukon and their Chief pleaded for a sand dam. Therefore the order of installation was altered to accommodate their request. The site was

surveyed by an engineering company to ensure it meets the criteria for a good sand installation site.

Interestingly, the surveys had become less and less of a need because the local people had learned the requirements for a good site, and when asked, they would take you to a place that met the sand dam criteria and in their desired location. A team of around 200 men and women were assembled to do the construction. All are volunteers except one person who was from an engineering firm that specializes in constructing sand dams.

There were significant logistical challenges. Tools, lumber, and other materials must be purchased, assembled, and transported to the worksite. A total of 310 bags of cement were bought and delivered to the worksite. Each bag weighs 120 pounds. The delivery truck had to drive on dirt and rocky roads to acquire materials, and when close to the worksite, the truck had to mow down 10-12 foot high bushes to get close enough to the stream. Before work began, safety briefings were held, questions answered, and work teams assembled. Communications were a significant challenge. The Pokot people typically do not speak Swahili, the common language used in much of East

Africa. So, the Pokots with Hifadhi Africa had to translate the Pokot language to Swahili. One of the sand dam supervisors from Hifadhi Africa was from SE Kenya and spoke a different tribal dialect. The engineering firm, which advised the construction, did not speak Pokot, so work teams digging and mixing cement, for hauling the materials where needed, for cooking and security of materials were assembled.

None of these people had used a shovel, a hammer, a pickax, a saw, a wheelbarrow, etc. and most have never seen essential tools. The collection of rocks and sand for cement was a pre-activity before construction. Over 70 tons of rocks had been collected and hauled to the worksite. Plus, more rocks had to be gathered because the need for stones was more significant than what had been gathered. The poverty rate

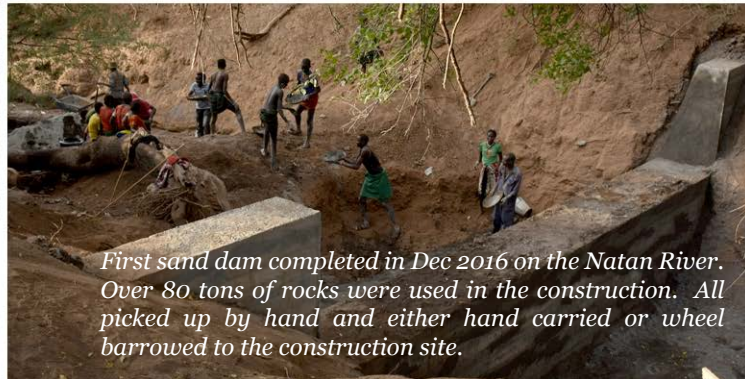


Cement banks being offloaded. With such a big smile, handling cement bags must be fun.

in Pokot is 67%, which means two-thirds of the people had no material assets. They can't buy tools because they have no money.

So construction begins on September 5, good progress is made until 6:00 PM on the third day of building, September 7, a roaring noise was heard, and water came pouring into the worksite. One of the challenges of constructing in riverbeds using seasonal river water is that it collects rain from anywhere in the watershed

and directs it to the construction site. It had rained over 40 miles away. So, a pump was employed to empty the nearly completed trench for the concrete wall. The mud slurry was so thick that after a short time, buckets had to be used to extract the mud and water. After some agonizing as to whether to continue, it was decided to stay. The construction ended up taking eleven days rather than the five to six days. The good news from the flooding episode was that this water could be stored in



First sand dam completed in Dec 2016 on the Natan River. Over 80 tons of rocks were used in the construction. All picked up by hand and either hand carried or wheel barrowed to the construction site.

a 10,000-liter plastic tank used in the previous GG. Water is needed for cement mixing and human consumption. For the first sand dam, water had to be prepaid, and by using river water, \$1,200 was saved on this GG.

One of the everyday challenges in East Pokot was to keep from getting bitten by cobras. Between 12-15 people in East Pokot have died this year from cobra bites. The anti-venom is four to five hours away, and by the time people can be transported, there is no recovery. During construction, nine cobras were killed, and one worker was bitten. He was transported successfully and recovered at the Kabarnet hospital. People are likely bitten because they sleep on the ground due to the lack of infrastructure.

Additionally, over 30 people left the work site sick and were replaced. It was suspected that the people contracted malaria. A Hifadhi Africa sand dam supervisor was hospitalized with malaria after returning to Nairobi.

One of the side benefits of constructing this sand dam was that the construction of a school at Lokaukon was to get a school by the Kenyan Government. The national government working through the Constituency Development Fund

(CDF) office at Chemolingot had verbally committed to Hifadhi Africa in 2016. During the construction of the first sand dam that they would invest \$43,000 towards construction and establishment of a primary school at Lokaukon if HAO pledged another sand dam at Lokaukon. The government contractor for the school has delivered construction materials for two classrooms to be constructed 0.8 meters away from the just-completed sand dam, and completion of the school is promised by Dec 2019.

The impact of Rotary dollars funding this sand dam is vast. There will be over 2000 beneficiaries, and the Pokot people may alter their lifestyles. A nomadic lifestyle by its nature is hard. With an assured supply of water, people will likely settle near the sand dams and change their styles to that of being a crop farmer. Rotary is making an impact on the Pokot people that will live on for many decades and even longer.

A video of the construction of this sand dam was made and is available on YouTube at <https://youtu.be/3kL5mvvpeZ4>. If you cut and paste this address in your browser, the video will come up. Also, if you want a detailed 15-page report on sand dam construction, you can email Bob Cairns at bobandchriscairns@wavecable.com.



ROTARY CLUB OF VICTORIA PURCHASES COMMERCIAL LAUNDRY EQUIPMENT FOR OUR PLACE

BY GERALD PASH

Gerald Pash, President of the Rotary Club of Victoria presents a cheque for \$10,000 to Don Evans, Chief Executive Officer of Our Place Society to be used to purchase two commercial grade washer/dryer laundry sets. One set will be placed in the housing unit and the other in the kitchen. No matter who we are or our personal resources, we can all relate to putting on a clean shirt or sleeping between clean sheets," said Pash. Evans thanked Rotary, saying, "The kitchen staff and volunteers will sparkle in their whites as they serve 1200 meals daily."



RANDOM ACT OF KINDNESS

BY DEBBIE LEMIRE

This past month the Rotary Club of Cumberland Centennial cooked 10 dozen corn on the cob. Located in the Village Square on a lovely sunny afternoon Rotarians were front and center on the main street dipping the corn in melted butter and handing it out to grateful passers by. Rotarians in pictures are (L/R) Treasurer John Jones, Foundation Director & Past President Keith Tatton, International Director Dave Stevens and Kathy Stevens.

SEQUIM NOON ROTARY GIFTS ADAPTIVE BIKE TO SCHOOL DISTRICT

BY DICK HUGHES

A third adaptive tricycle was donated to Sequim Public Schools by The Rotary Club of Sequim. Accepting the tricycle was Cherry Bibler (School physical therapist), Erik Wiker (adapted physical education teacher), and Sequim HS principal Shawn Langston. The Rotary Club of Sequim Adaptive Bike program committee members Jim Jones, Doug Schwarz and Ted Shanks who are shown in the photo.

As Ms. Bibler has been the local health professional and liaison to the Sequim Rotary Club, she helped to identify children who would benefit from a gift of an adaptive tricycle custom made by Rifton™ bikes. (Not shown in the photograph was Shelley Langston, special education director, who helped coordinate this school gift process.) Bibler earned a BS degree in physical therapy from the University of Oklahoma in 1981, has worked as a physical therapist for 38 years and for the Sequim school district for 25 years. She has lived in Sequim 35 years is married, has a daughter, son-in-law and grandson and brand-new granddaughter. This Rifton™ bike was built using Cherry Bibler's specifications and will be used by many students,

including five middle school and five high school students in the adaptive PE program who will exercise with this bike weekly. The school needed a special-needs tricycle that has many features not provided on most adult tricycles. This particular tricycle has a rear steering bar so an adult can walk alongside the rider and help with steering if necessary. It also has seatbelts, a back support and foot straps to secure riders with limited strength and it has pedals that rotate as the bike moves forward. (This feature is critical for students with special needs as they learn the coordination necessary for pedaling.) “Our students can ride every day with me and another staff member which wasn't possible with the older tricycles,” said Bibler.

Cherry Bibler commented “Although this tricycle program is just beginning, we have already seen remarkable benefits including physical, social and communication growth directly related to riding a tricycle. I am honored that the Rotary chose me to assist and look forward to our continued partnership We are very excited and appreciate this generous gift to our school that will be utilized for many years.”



ADAPTIVE BIKE PRESENTATION (L-R) Rotarian Doug Schwarz, Adapted P.E. Teacher Erik Wiker, Physical Therapist Cherry Bibler, SHS Principal Shawn Langston, and Rotarians Ted Shanks, and Jim Jones. (Photo by Shelley Langston)



ILLAHEE PRESERVE WORK PARTY

BY ALAN BEAM

53 cadets from the Washington Youth Academy (WYA) made major progress depleting major piles of wood chips to what have been called the best maintained trails in Kitsap County. With WYA supervisors, East Bremerton Rotary and Stewardship volunteers, nearly 500 hours of work was accomplished in just one day. No wonder users say the Preserve has the best trails.

We wanted show the partnership between the Rotary and the Stewards with the last photo.

NOVEMBER IS THE ROTARY FOUNDATION MONTH

BY HOWARD SVIGALS

Rotary helps to provide food to the hungry; to heal the wounds of the ill; comfort those in sorrow; bring peace to those living in areas of unrest and never knowing the individuals impacted. Rotary truly is a premier international service organization. As Rotarians, we seek solutions to challenges in our communities, and we take action to bring those ideas to life. One of the benefits of being a Rotarian is access to funding from The Rotary Foundation to create meaningful grants both in your community and elsewhere in the world. Rotary International has a special partnership with The Rotary Foundation



Joselina (center), a microloan recipient, welcomes other borrowers to a weekly meeting where loans are repaid and support is offered. The attendees are part of an Adelante Foundation program, supported by a Rotary global grant, in which women in rural Honduras get group borrowing opportunities and business training aimed at increasing their household incomes.

The Foundation is by and for Rotarians. It funds grants that are created by Rotarians, and it is supported solely by voluntary contributions from Rotarians, like you, and friends of our Foundation who share its vision of a better world. The Rotary Foundation transforms your gifts into service projects that change lives in meaningful ways. Since its founding more than 100 years ago, The Rotary Foundation has spent more than \$4 billion on life-changing, sustainable projects. The generosity of our members and the good work that we do have not gone unrecognized. Charity Navigator, a well know charity rating agency, has rated TRF four stars their highest rating twelve years in a row. Our Foundation is carefully overseen by your fellow Rotarians on the Board of Trustees. They ensure that your donations are invested well and spent wisely to benefit the world. In 2016-17, the Foundation celebrated its centennial year — a milestone that few other organizations reach.

The Mission of The Rotary Foundation is “Advance world understanding, goodwill and peace through improvements in health, support of education and alleviation of poverty”

Arch Klumph’s, Rotary International’s sixth President, idea for an endowment fund dedicated to “doing good in the world” planted

the seed for The Rotary Foundation in 1917. That one idea and an initial contribution of \$26.50 set in motion a powerful force for good that has transformed millions of lives around the globe. The Rotary Foundation has over 100 years’ experience in Doing Good in the World. Thanks to his vision and staunch advocacy, and the extraordinary generosity of Rotary members worldwide, that fund has become one of the world’s leading humanitarian foundations.

With your help, we can make lives better in your community and around the world. TRF also leads the charge on worldwide Rotary campaigns such as eradicating polio and promoting peace. As the charitable arm of Rotary International, we tap into a global network of Rotarians who invest their time, money, and expertise into our priorities.

WHAT IMPACT CAN ONE DONATION HAVE?

- For as little as 60 cents, a child can be protected from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an ant bullying campaign and create a safe environment for children.

Your gift to the Annual Fund helps Rotary clubs



These young men from Chipastor, Guatemala, dug across four and a half miles (7 km) of steep mountainside to install a gravity-fed water system funded by Rotary Foundation global grant 25474. Local Rotary clubs, Behrhorst Partners for Development, and the community worked together to equip area homes with running water, eliminating the need for women and children to travel hours each day to retrieve water from a contaminated well.

take action today to create positive change in communities at home and around the world. Your contributions help us strengthen peace efforts, provide clean water and sanitation, support education, grow local economies, save mothers and children, and fight disease. Our Foundation has six areas of Focus

- Peacebuilding and Conflict Prevention
- Disease Prevention and Treatment
- Water, Sanitation and Hygiene
- Maternal and Child Health
- Basic Education and Literacy
- Community and Economic Development

EVERY ROTARIAN EVERY YEAR

The Every Rotarian Every Year (EREY) initiative asks every Rotarian to support The Rotary Foundation every year by a minimum of \$25. In addition to contributing to the Annual Fund on a regular basis, members are encouraged to get involved in a Foundation project or program. EREY aims to engage every Rotarian

ANNUAL FUND

Through the SHARE system, contributions to The Rotary Foundation are transformed into grants that change lives. At the end of every Rotary year, contributions to the Annual Fund-

SHARE from all Rotary clubs three years earlier directed into two funds:

- Fifty percent is credited to the World Fund.
- Fifty percent is credited to the District Designated Fund “DDF”

The Foundation uses the World Fund portion to pay for the worldwide grant and program opportunities available to all Rotary districts. The DDF share is used by districts to fund community grants either locally or around the world. Our District 5020 this year allocated nearly \$200 thousand of DDF, The Rotary Foundation’s funding cycle makes district contributions available for use three years after they are received. The three-year cycle gives districts time to plan projects and the earnings cover nearly all of the Foundations overhead expenses. Nearly all the funds contributed go to programs and projects.

PAUL HARRIS FELLOW

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation. Rotary established the recognition in 1957 to encourage and show appreciation for substantial contributions to the Foundation



Kerstin Jeska-Thorwart, 2004-05 governor of District 1950 and a member of the Rotary Club of Gera, Germany, walks through a damaged former postnatal ward at the Mahamodara Teaching Hospital in Galle, Sri Lanka, 7 January 2015. This maternity hospital was damaged by the 2004 tsunami. Jeska-Thorwart coordinated German Rotarians’ immediate response, which replaced crucial equipment within just a few weeks, and their later efforts to rebuild the damaged areas. The hospital was partially rebuilt by Rotary District 1950 (Germany) and the Rotary Club of Colombo, Western Province, Sri Lanka, in partnership with the Helmut Kohl Foundation. Medical equipment provided in part through Matching Grant #67887.

Every Rotarian should strive to be a Paul Harris Fellow because for each PHF named, we know that US\$1000 has been given to The Rotary Foundation. Similarly, for each sapphire or ruby added to a Rotarian's PHF pin, an additional US\$1000 has been given to The Rotary Foundation. We should celebrate each of these milestones (and gem stones) for what they represent. That is, a gift to The Rotary Foundation and an opportunity to do even more beneficial projects in the world through the Foundation.

ENDOWMENT FUND

The purpose of the Endowment Fund is to ensure the long-term viability of The Rotary Foundation and its programs. Contributions made to the Endowment Fund are invested in perpetuity with no erosion of the contribution itself. Many might view the Endowment Fund as the foundation's "savings account" whose interest supports the Annual Fund, our foundations "checking account." Unlike the Annual Fund whose money is distributed after three years after contribution, the Endowment Fund's principal is never spent and is structured to maintain value against inflation. Contributions are invested in perpetuity. A percentage of the total value of the fund is

directed annually to Foundation grants and programs.

Types of contributions to the Endowment Fund:

- Outright gifts of cash, investments, or other property
- Life income gifts (e.g., charitable remainder trusts or gift annuities, pooled-income funds)
- Testamentary gifts through wills or estate plans
- Beneficiary of life insurance, retirement plan accounts, or other financial accounts

In 1947, upon the death of Paul Harris, a new era opened for the Rotary Foundation as memorial gifts poured in to honor the founder of Rotary. From that time, The Rotary Foundation has been achieving its noble objective of furthering "understanding and friendly relations between peoples of different nations." By 1954 the Foundation received for the first time a half million dollars, in contributions in a single year, and in 1965 one million dollars was received.

It is staggering to imagine that from those humble beginnings, The Rotary Foundation is now receiving more than \$85 million each year for educational and humanitarian work around the world.



Rotarian Jorge Aufranc (in the background, at left) supervises the construction phase of a Rotary project at Rancho Alegre school in Guatemala. Rancho Alegre is one of nine schools in the Sumpango area that are scheduled to have their water and sanitation facilities improved through Rotary global grant 25643. The schools will have classroom water filters, hand washing stations, toilets, septic tanks, and drainage systems. Rotarians are extensively involved in the project, consulting with local residents, community advocates, employees, and the students' parents to assess the priorities of each school and community. After examining Rancho Alegre's needs, Rotarians decided to use the grant to install an emergency exit from the second floor and build a new kitchen there, also.

END POLIO NOW

Rotary via The Rotary Foundation has been working to eradicate polio for more than 30 years. Rotary's number one priority, ridding the world of this disease is now within reach.

As a founding partner of the Global Polio Eradication Initiative, we've reduced polio cases by 99.9 percent since our first project to vaccinate children in the Philippines in 1979.

The PolioPlus campaign helped immunize more than 2.5 billion children in 122 countries. So far, Rotary has contributed more than \$1.8 billion toward eradicating the disease worldwide. Today, polio remains endemic only in Afghanistan and Pakistan. However it's crucial to continue working to keep other countries polio-free. If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year.

District 5020 Rotarians are encouraged to contribute to the End Polio campaign every year. The PolioPlus Society recently establish if an individual commits to giving a minimum of \$100 each year until the world will be polio free. Every dollar contributed by a Rotarian is matched two to one by the Bill and Melinda

Gates Foundation. Rotary's goal is to raise \$50 million to earn the \$100 million from the Gates Foundation. This goal equates to about \$1,500 for each Rotary Club.

ROTARY DIRECT

Making your giving to the Foundation is easiest by enrolling in Rotary Direct, Rotary's recurring giving program. Rotary Direct enrollment supports Service Above Self year round through recurring gifts that allow donors to choose how often and how much they give. It's a simple and secure way to make a big impact.

A monthly, quarterly, or annual gift option is available for all online contributions via the online giving form at <https://www.rotary.org/myrotary/en/take-action/give>. or enroll by phone at 866-976-8279. Rotary Direct accepts contributions of \$10 per month or more by either a credit card or a debit card.

SUMMARY

Rotary is lucky to have The Rotary Foundation and all the valuable impacts it makes good it does in our community and around the world. Our Foundation can only do this with your annual contributions.



A health worker stationed at a transit point searches for children who need to be immunized against polio during the Subnational Immunization Days in Shahjahanpur, Uttar Pradesh, India. 23 June 2019.

**YOUR CLUB EVENTS COULD GO HERE,
PLEASE SUBMIT YOUR POSTERS TODAY!**

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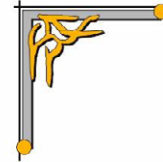


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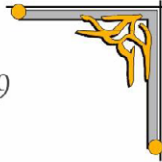


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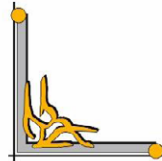
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